

Piedmont Colorectal Associates, P.C.
35 Collier Rd NW Ste 475
Atlanta, GA 30309
Tel (404)-351-7900 Fax (404)351-7901
www.piedmontcolorectal.com

Clenpiq Instructions

Date: _____ Time: _____ Arrival: _____

One week prior to procedure

- Stop aspirin or any aspirin based products & vitamin E supplements approximately 1 week prior to surgery. **If you're taking any blood thinners consult prescribing physician for when you should stop taking that medication.**

The entire day before the procedure

- You will be on a clear liquid diet. A clear liquid is any liquid that you can put in a glass and see straight through it. You may have Jello (no red jello), bouillon, consommé, apple juice, grape juice, cranberry juice, Gatorade, coffee, tea, cola, or water. Milk, cream, anything with pulp, alcoholic beverages and solid foods are **NOT** allowed.
- Follow attached instructions for completing the prep.

The morning of the procedure

- Patients taking daily medications may take their regular dosages the morning of the exam with very small sips of water.
 - **For COLONOSCOPY:** Park in the North parking deck. Take elevator to BR level. You should report to 77 Bldg GI/Endoscopy Lab. Please arrive at least one hour prior to your scheduled appointment time. The entire length of time you will spend at the hospital for colonoscopy will be approximately 2-3 hours.
 - **For AMBULATORY SURGERY:** report to the McDonnell Surgical Center on Collier Road. Park in the McDonnell Surgical Center parking lot. You should arrive two hours prior to your scheduled surgery time.
 - **For INPATIENT SURGERY:** report to the Admissions Desk in the main hospital (this is near elevator A). You should arrive two hours prior to your scheduled surgery time.

After the procedure

- You must have someone responsible drive you home after colonoscopy & ambulatory surgery – these are hospital rules-because you will be given a sedative for the procedure.
- Biopsy/pathology reports take about 3-4 business days to get from the laboratory. Please allow this much time before contacting our office for your results.
- If you have any questions, please contact our office prior to your exam.



CLENPIQ™

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) Oral Solution

10 mg/3.5 g/12 g per 160 mL bottle

READY, SET, COMPLETE THE PREP

What is CLENPIQ?

CLENPIQ is a prescription medicine that cleans your colon. CLENPIQ is ready for you to drink right from the bottle. It does not need to be mixed or diluted. Do not refrigerate or freeze CLENPIQ.

What's in the CLENPIQ box?



Two bottles of CLENPIQ (5.4 oz each)



An 8 oz cup for drinking clear liquids



The Patient Medication Guide and the Instructions for Use for your reference

Start Hydrating

On the day before your colonoscopy, start hydrating by consuming only clear liquids and stop eating all solid foods and dairy.

It's important to hydrate before you take the prep, while you're taking the prep, and after the prep. Follow your doctor's instructions completely.

ACCEPTABLE CLEAR LIQUIDS FOR HYDRATING

| | |
|-------------------------|--|
| Water | Ginger ale and other sodas |
| Black coffee or tea | Clear juices: such as apple or white grape juice |
| Clear broth or bouillon | Plain Jell-O |
| Sports drink | Frozen juice bar |



LIQUIDS MUST NOT BE RED OR PURPLE. DO NOT CONSUME ANY ALCOHOL, JUICE PULP, MILK, CREAM, SOY OR NON-DAIRY CREAMER, OR OTHER LIQUIDS YOU CANNOT SEE THROUGH.

**Ready? Set? This video may help you prep.
Hydrate along at www.CLENPIQ.com**

IMPORTANT SAFETY INFORMATION (CONTINUED)

- Your healthcare provider may do blood tests after you take CLENPIQ to check your blood for changes. Tell your healthcare provider right away if you have any of these symptoms resulting from a loss of too much body fluid (dehydration): vomiting, nausea, bloating, dizziness, stomach-area (abdomen) cramping, urinating less often than normal, trouble drinking clear liquids, troubles swallowing, seizures, or heart problems.
- CLENPIQ can cause ulcers of the bowel or bowel problems (ischemic colitis). Tell your healthcare provider right away if you have severe stomach-area (abdomen) pain or rectal bleeding.
- The most common side effects of CLENPIQ include nausea, headache, and vomiting. These are not all the possible side effects of CLENPIQ. Ask your doctor or pharmacist for more information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see accompanying full Prescribing Information, including Medication Guide.



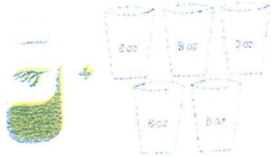
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TAKING CLENPIQ STEPS TO COMPLETE THE PREP The Split-Dose Regimen

Evening Before

Between 5-9 PM



Drink 40 oz (5 cups) of clear liquids.*
Finish liquids over the next 5 hours.

Morning of

5 hours before procedure



Drink at least 24 oz (3 cups) of clear liquids.
Finish liquids 2 hours before your colonoscopy
or as advised by your doctor.



Hydration is important and it's part of the prep. Make sure to hydrate before you take the prep, while you're taking the prep, and after the prep.

Prep Assistant Use the prep assistant as a guide for completing your prep.

The time of your colonoscopy is _____:_____

Complete your prep and all hydration by _____:_____

Evening before your colonoscopy

Drink one bottle of CLENPIQ
Drink CLENPIQ right from the bottle

Then, keep hydrating
Drink 5 cups (8 oz each) of clear liquid.
Check off the cups below as you go!



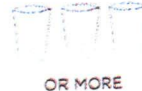
Start: _____:_____

Finish: _____:_____

Morning of your colonoscopy

Drink the other bottle of CLENPIQ
Drink CLENPIQ right from the bottle

Then, keep hydrating
Drink at least 3 cups (8 oz each) of clear liquid.
Check off the cups below as you go!



OR MORE

Start: _____:_____

Finish: _____:_____

ON THE DAY BEFORE THE COLONOSCOPY, stop eating all solid food and dairy, and start hydrating by drinking clear liquids.



*After your first dose, if severe bloating, swelling, or stomach pain occurs, delay the second dose until the symptoms resolve.
Please see reverse page for additional information about CLENPIQ, the importance of a clear liquid diet, and hydration.

INDICATION

CLENPIQ is a prescription medicine used by adults to clean the colon before a colonoscopy. CLENPIQ cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

IMPORTANT SAFETY INFORMATION

- Do not take CLENPIQ if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in CLENPIQ.
- CLENPIQ and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with CLENPIQ is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs).

See complete Important Safety Information on the back.