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Piedmont Colorectal Associates, P.C.

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www.piedmontcolorectal.com

CHECKLIST FOR PATIENT HAVING SURGERY

Your Surgery is scheduled for: _____ at _____

You must arrive to Piedmont West Surgery Center by: _____

1800 Howell Mill Road, Suite 250, Atlanta, GA 30318 (404) 537-4910

Post-operative appointment with Piedmont Colorectal: _____

1. Be sure that you have instructions for bowel preparations
2. Piedmont West will call you for pre-admissions required
3. Stop aspirin or any aspirin based products and Vitamin E supplements approximately 1 week prior to surgery. **If you are taking any blood thinners consult your prescribing physician for when you should stop taking that medication.**
4. If you are on cardiac medications, diuretics, and high blood pressure medications, you may take them with a little sip of water the morning before surgery.
5. If work excuses, disability forms, etc. will be needed for this surgery please sign the enclosed form and return to our office. We must have your signature as permission to release forms/information.
6. There is a \$25.00 fee for processing all leave forms. The fee is payable in advance of the FMLA, disability or work form being completed.

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Dear _____

As you know, you are scheduled to have a procedure at Piedmont West Surgery Center on _____ at _____. You will need to check in at _____ on _____.

In preparation for this procedure, no bowel prep is needed. You will need to maintain a clear liquid diet all day the day prior to surgery. Do not eat or drink anything after midnight on _____ unless told otherwise.

- **Aspirin, vitamin E and blood thinners, such as Coumadin, Warfarin, Xarelto, Eliquis, etc must be discontinued 5 days prior to procedure. If any of these are prescribed by a physician, you must notify the physician and obtain clearance prior to stopping the medication. Also, please notify our office if you are on any of these therapies.**
- You will be on a clear liquid diet. A clear liquid is any liquid that you can pour into a glass and see through it. You may have Jell-O (no red), Bouillon, Consommé', apple juice, white cranberry juice, Gatorade (no red), black coffee, tea, cola or water. **Do not consume milk, cream, or anything with pulp, alcohol beverages or solid foods.**



Pre-op Tests Required for Surgery at Piedmont Atlanta Surgery Center

Please fax test results to PASC (404) 425-7089

Labs (valid for 30 days prior to the date of surgery)	Indication
Basic Metabolic Panel (BMP) Blood Test	All patients over 80 years old
PT/PTT/INR (Blood test)	If patient is having spinal anesthesia and is on blood thinners (Coumadin, Heparin)
Hemoglobin	All patients over 80 years old
Urine pregnancy	Female patients with menstrual cycle (menarche to menopause)

Cardiac Criteria	Indications
<p>12 Lead EKG</p> <ul style="list-style-type: none"> • EKG valid for <u>1 year</u> if normal • EKG valid for <u>1 month</u> if abnormal • Abnormal results-EKG cardiac related: <ul style="list-style-type: none"> - Anesthesia department <u>may</u> accept an abnormal EKG for a period up to 6 months if additional testing supports this. - Anesthesia department <u>may</u> accept an abnormal EKG up to 1 year in the presence of a normal cardiac cath report unless there has been a change in symptoms. 	<p>Use GUPTA algorithm; order EKG >1.0 (See GUPTA score in the Village under surgical risk calculator app).</p> <ul style="list-style-type: none"> • For risk <1.0 %, no EKG • For risk > 1.0%, do EKG <u>only if</u> one of the following is present. Patients with diabetes, CAD, suspected CAD. <p>If ASA status unclear, use ASA 3.</p> <p>www.surgicalriskcalculator.com/miocardiacarrest</p>
<p>Cardiac Evaluation Valid for 3 months</p>	<p>Myocardial infarction, symptomatic congestive heart failure, cardiac arrest, cardiac surgery, or cardiac intervention within previous 6 months.</p>

C- Spine with cervical flexion and extension

Required for any patient with Rheumatoid arthritis on medication other than NSAIDs.

Any questions may be directed to the Pre-admission testing department here at PASC (404) 425- 7050 or main PAT at (404) 537-4910

We left a voice message on your phone regarding your upcoming surgery. We need to complete your pre-anesthesia evaluation before your day of surgery. It will take about 15 minutes. Please call us at 404-425-7050 and ask to speak with a Pre-op nurse. We are open Monday through Friday from 8:00-4:00. Please leave a message if we do not answer, as we may be on the phone with another patient.

Listed below are your instructions for your day of surgery and directions to our facility.

Arrival Time: You will be called 24-48 hours before surgery with your arrival time.

Instructions for Day of Surgery:

- **Do not eat, drink, or chew anything after midnight.** This includes water, chewing gum, mints, and hard candy. You may brush your teeth and use mouthwash on the morning of surgery.
- No make-up, perfumes, body lotions, powders, or deodorant are to be worn.
- Wear loose, comfortable clothing.
- If you wear glasses or contacts, please bring your case. They will need to be removed before going into the operating room.
- Leave all your valuables at home. You may bring a book to occupy your time while you wait.
- Take your jewelry off and leave it at home. All piercings need to be removed as well.
- No metal hair pins or clips.
- Bring your picture ID and insurance card with you and be prepared to pay your co-pay if you have been told you have one.
- **You are required to have a responsible adult drive you home after surgery and stay with you at home for 24 hours after your procedure.** Transportation options such as Uber, Taxi, or Bus are only allowed if you are accompanied by a responsible adult.
- **We will communicate with you and your designated care partner or responsible adult via phone while you are at the surgery center. Remember to have your phone off silent so you will hear our call and answer any unknown phone numbers that may appear on your caller ID the day of surgery.**
- Instructions for a hibiclens shower/bath are attached to this email. You need to begin using hibiclens 2 days prior to your surgery date and on the morning of your surgery. You can purchase it at any pharmacy.

Surgery Day Arrival:

Effective 2/22/21, Piedmont Atlanta Surgery Center will begin an optional visitor policy. In an effort to reduce the risk of COVID exposure, only one care partner may accompany the patient to the surgery center. The designated care partner has the option to stay in the surgery center waiting area or in the main lobby on the first floor. Each person will be temperature scanned

and needs to always wear a mask and social distance. Your designated care partner may also drop you off for surgery and wait in their car and/or be within a ten minute drive to the surgery center if called.

Parking:

Park on P-6 in the parking deck. This is a paid lot and the first 20 minutes are free. The surgery center will validate one ticket.

Surgery Day Discharge:

Your designated care partner/responsible adult will be required to pick you up after surgery on Level P-6. Please have them plan to return to the surgery center within 10 minutes of being called. **We will communicate via phone so please answer all phone calls.**

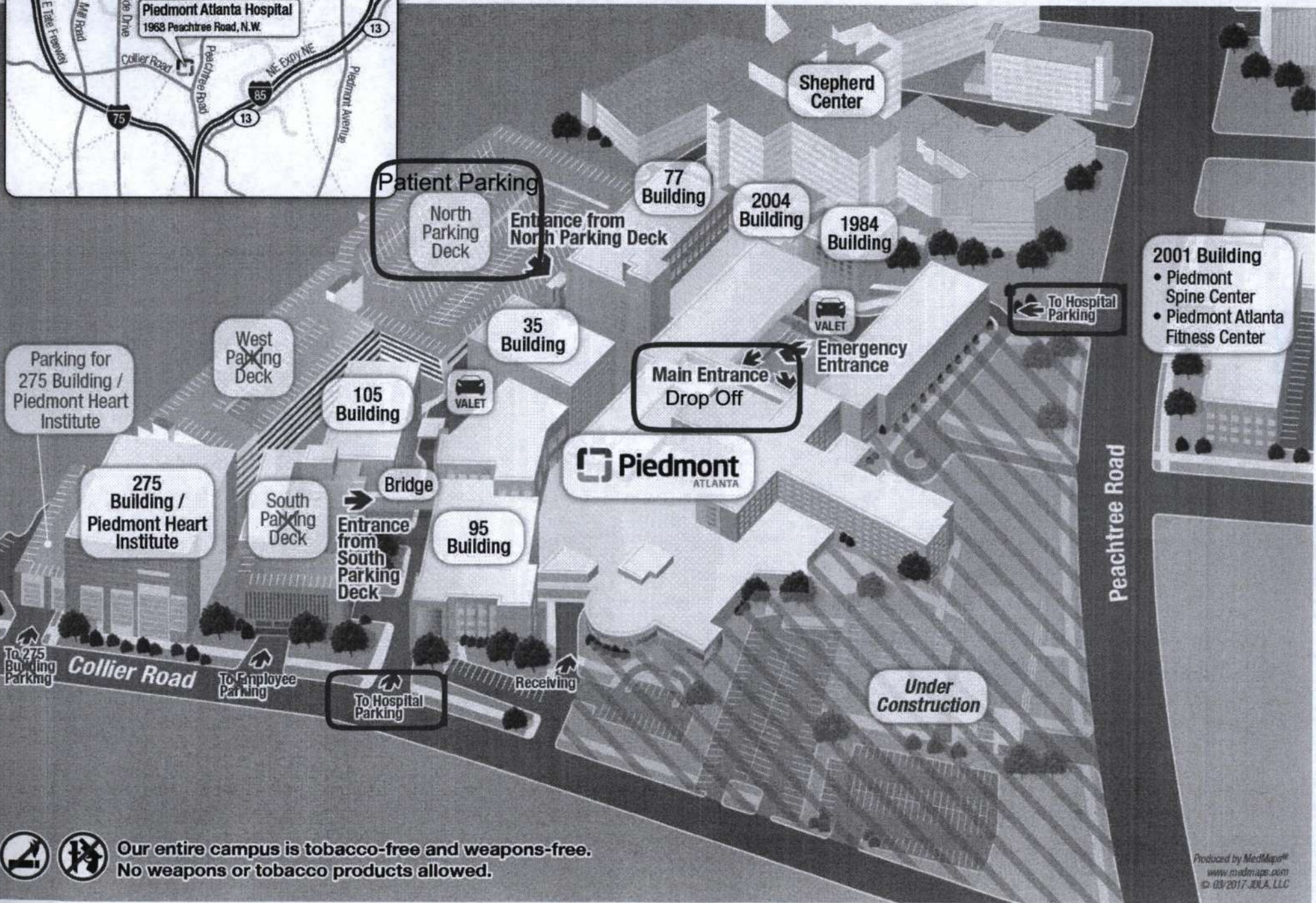
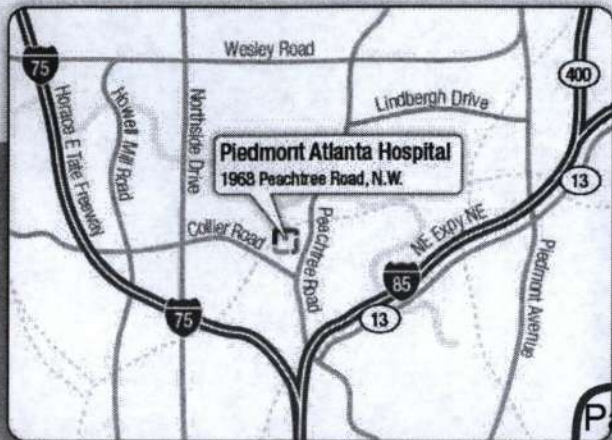
Directions to facility:



The surgery center is located off of I-75 at Exit 252-B (Howell Mill Rd.) Our center is located in an eight story, blue glass building with PIEDMONT posted at the top.

Our address is 1800 Howell Mill Rd, Suite 250, Atlanta, GA 30318.

If you have any questions, please feel free to contact us at 404-425-7050.

We look forward to taking very good care of you on your scheduled day of surgery.



  **Our entire campus is tobacco-free and weapons-free. No weapons or tobacco products allowed.**