

**Piedmont Colorectal Associates, P.C.**  
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### **MoviPrep Instructions**

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **Arrival:** \_\_\_\_\_

#### **One week prior to Procedure**

- If you are taking Aspirin based products or Vitamin E, please contact our office for further instructions. If you are currently taking blood thinners such as Coumadin, please let your physician know immediately, as you must stop this medication seven days prior to the exam to prevent excessive bleeding. You must also clear this with your primary care physician or the ordering doctor.

#### **The entire day before the procedure**

- You will be on a clear liquid diet. A clear liquid is any liquid that you can put in a glass and see straight through it. You may have Jello (no red jello), bouillon, consommé, apple juice, grape juice, cranberry juice, Gatorade, coffee, tea, cola, or water. Milk, cream, anything with pulp, alcoholic beverages and solid foods are **NOT** allowed.
- Follow attached instructions for completing the prep.
- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT.**

#### **The morning of the procedure**

- Patients taking daily medications may take their regular dosages the morning of the exam with very small sips of water.
  - **For COLONOSCOPY:** report to the Endoscopy Lab located on the first floor of the 77 Bldg. Park in the North parking deck. You should arrive at least one hour prior to your scheduled appointment time. The entire length of time you will spend at the hospital for colonoscopy will be approximately 2-3 hours.
  - **For AMBULATORY SURGERY:** report to the McDonnell Surgical Center on Collier Road. Park in the McDonnell Surgical Center parking lot. You should arrive two hours prior to your scheduled surgery time.
  - **For INPATIENT SURGERY:** report to the Admissions Desk in the main hospital (this is near elevator A). You should arrive two hours prior to your scheduled surgery time.

#### **After the procedure**

- You must have someone responsible drive you home after colonoscopy & ambulatory surgery – these are hospital rules-because you will be given a sedative for the procedure.
- Biopsy/pathology reports take about 3-4 business days to get from the laboratory. Please allow this much time before contacting our office for your results.
- If you have any questions, please contact our office prior to your exam.

## **MoviPrep Patient Instructions**

**The MoviPrep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.**

**Beginning at: 4:00 p.m.**

Empty 1 Pouch A and 1 Pouch B in the disposable container.

Add lukewarm drinking water to the top line of the container.  
Mix to dissolve. (If desired, mix solution ahead of time and refrigerate prior to drinking.  
The reconstituted solution should be used within 24 hours.)

The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is complete.

**Beginning at 7:00 p.m.**

Repeat steps 1 and 2

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT.**

### **MoviPrep**

(PEG-3350, Sodium Sulfate, Sodium Chloride, Potassium Chloride, Sodium Ascorbate and Ascorbic Acid for Oral Solution) Low-Volume Prep. High-Volume efficacy.